

## NORTH BERMONDSEY WARD:

Ref:	Name of your group:	Name of your projector Idea:	What project is trying to achieve:	Amount requested [£]:
86	Salmon Youth Centre	Adventure Together	<p>“The Adventuring Together Project” will engage 400 young people from the local community. These young people will age from 6-19yrs old (19-25yrs specifically disabled young people) inaccessible non-traditional adventure-based activities. By taking part in the project the young people will</p> <ol style="list-style-type: none"> <li>1. Improve their levels of confidence, motivation and engagement in other activities.</li> <li>2. Achieve physical challenges and quick youth work outcomes without much prior skill or ability</li> <li>3. Develop skills around communication, team-working, safe risk-taking.</li> <li>4. Share unique experiences that strengthen relationships and improve self-esteem.</li> </ol> <p>The Centre has developed an indoor ropes course that enables young people to climb up a 12m climbing wall, leap off balconies and swing across the sports hall as if flying in a challenging yet safe environment. We will partner with Climbing Tuition to deliver 55 x two-hour sessions throughout the year.</p>	£4,840
167	Big Local Works	Here for Work	<p>Big Local Works is a local charity providing essential services to the local community including preparing residents with key skills for employment, providing free 1-2-1 benefit and welfare support for Southwark Residents and supporting enterprise. The project is called Here for Work.</p> <p>Big Local Works will hold monthly Employability Skills and Support courses. BLW has delivered similar programs previously however each year, we commit to learning from the data collected from each course and improve upon what we deliver to residents. Therefore, our next courses will be delivered in a new format. The feedback we received from participants has always highlighted the need for more ‘one to one’ and mentoring support with job search and employment plans. This is</p>	£4,250

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			the most valuable support in moving towards the workplace.	
185	STAMP (Shad Thames Area Management Partnership)	Planting and cleaning of Butlers Wharf jetty zigzag bench	Since installation with CGS funds several years ago, this bench has become a very popular spot to pause and enjoy the riverside views along this section of the Thames Path. We need funding to ensure the planting is maintained, and the bench and surrounding area is cleaned regularly, so that it remains appealing to look at, walk along and sit on.	£900

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193	Shad Thames Residents' Association	Cleaner Shad Thames	This project aims to continue to provide funding for additional cleaning (via the Council's cleaning contract) in the Shad Thames area, ensuring a cleaner environment for residents, businesses and visitors alike. Extra cleaning will be provided to address the problem of discarded cigarette ends and other waste bin rubbish at weekends and bank holidays, and in addition to the standard Council cleaning service. The impact is a cleaner environment for residents, visitors and businesses in the area, and a strong statement that the people who live in the area care about keeping the environment up to a standard to be expected of an historic Conservation Area.	£3,500
211	The Friends of Southwark Park	Southwark Park Summer Concerts 2021	Four free afternoon concert band / music events in Southwark Park during Summer 2021 for everyone to enjoy; the events will encourage people from different backgrounds / ages / characteristics to safely enjoy music together in our public park despite COVID 19. There are less free events every year - much less in	£14,000

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			2020/1- and this kind of event that usually takes place in parks around the UK can provide a wonderful day for everyone including those who for any reason cannot go on holiday and for all those who have low incomes including families. We are unsure about COVID 19 restrictions for Summer 21 however we have equipment in place to help deliver the event if 2m social distancing continues. We hope to use Southwark Park bandstand however due to COVID 19 cannot promise the bandstand will be used.	
205	THYSF (Platform Cricket)	Bermondsey Bees Cricket Hub	<p>We will create a "Pop Up" Youth Cricket Club in Bermondsey that will address the current inequalities in access to cricket in this area of Southwark, whilst supporting personal and social development.</p> <p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <p>Boutcher, Grange, Riverside, St James, St Joseph's (George Row), Tower Bridge. Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength &amp; conditioning, team-building, problem-solving, nutritional workshops and social events, alongside the cricket content.</p>	£3,549
289	Southwark Helping Hands Club	A weekend for independent living skills	To encourage the participants with special needs who have limited social care, to achieve the everyday living skills needed to live in the community safely healthy and independently, e.g. managing finances with budgeting, how to maintain a clean and tidy home, considering the need of choosing the right foods and healthy cooking plans, and having good personal care and exercise. We have experienced tutors who have the activity skills needed to motivate and improve their knowledge to gain confidence to manage their lives. We also have a cooking class on Thursday mornings for a limited number of members who are very keen to	£2,700

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			learn about healthy eating, the members keep a diary of the meals they have cooked and are assessed at the end of term, the combined projects will help to monitor the outcome of the weekend project	
341	Growing Hope Brockley	Growing Hope Brockley	A new, local clinic of Growing Hope. Growing Hope Brockley is charity which provides free therapy for children and young people with additional needs and their families, living in the boroughs of Southwark or Lewisham. 14.9% of children in the education system have an additional need (The Department of Education 2019). Research suggests that families of children with additional needs have experienced a stretch and reduction in healthcare services (Horridge et al. 2019). Growing Hope aims to bridge a gap in NHS provision in order to provide individualised healthcare support for children, young people and families. We provide support for siblings, parents and carers and the family as a whole.	£5,222.85
377	London City Runners	Couch to 5k	We're a running club (called London City Runners). We have created a free "Couch to 5k" program that will help any Southwark residents that want to take up running into running a 5k. It will provide them with free running sessions around the track each week, as well as online and in-person support from our team of experienced volunteers.	£4,894
387	The Bermonds ey Artists' Group managing Southwark Park	Allotment Club for Low-Income Families	Our project is a programme of free weekly drop-in gardening sessions for low-income families from the local estates surrounding Southwark Park within the North East Area, in our bountiful Community Allotment at Lake Gallery, situated in Southwark Park. It has been running for the last 10 years and has benefitted over 3,500 people in that period of time. In our project, parents, grandparents and carers work with their children to grow, harvest and eat fresh fruit and vegetables and learn hands-on about healthy eating	£6,325

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	Galleries		<p>and the environment. They are given the tools and knowledge to grow their own plants on windowsills and balconies, continuing their journey to eating fresh produce at home.</p> <p>Designed for pre-schoolers and their parents/carers, the project tackles obesity and inner-city lack of outdoor space. We believe there should be no barrier to young children learning healthy eating habits for life and having the opportunity to thrive outdoors, when studies show that spending time outside can significantly improve children's health and wellbeing.</p>	
483	London Bubble Theatre Company Ltd	South London Stories	<p>Southwark is bursting with people and stories. You only have to walk down the street to see romance, crime, action and grief played out before your very eyes. Secrets simmer beneath the surface, past experiences linger in the shadows and hope floats along like traffic.</p> <p>This project is about taking inspiration from our community and making extraordinary art from the ordinary. It's a celebration of culture in Southwark and our young people.</p> <p>Project benefits include:</p> <ul style="list-style-type: none"> <li>- 3 outdoor events for the community to attend</li> <li>- Employment for local freelance artists who have been hit hard by COVID19</li> <li>- Employment for young people in technical roles and as front of house staff at events</li> <li>- Young people and their communities in Rotherhithe, North Bermondsey and Surrey Docks consider local culture and heritage to be more relevant to them</li> <li>- Increased understanding of the role of heritage in increasing civic pride and social spirit</li> <li>- Young people contribute to their own and others' local heritage</li> <li>- A greater sense of connection between communities and across generations</li> </ul>	£7,500

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Ref:	Name of your group:	Name of your projector Idea:	What project is trying to achieve?	Amount requested [£]:
511	Nigeria National Community (NNC)	Youth engagement, Care of the elderly, Cultural day, summer bonding including a seaside bonding group excursion	We intend to continue to spread different ranges of awareness amongst the youths through activities teaching them about culture and how to be good citizenry in the community. Care of the elderly would bring our elders towards healthy diet and cooking. Helping them through good hygiene, interacting, bonding day with showcase of cultural day where members showcase their rich cultural display. Bonding day and seaside is to bring all together yearly that promotes maximum relaxation for youths and elders in the community. Above would all be about sharing unique experiences that strengthen relationships and improve self-esteem.	£5,050
537	At The Heart	At The Heart's Skills Development Project	We aim to provide skill-development training, workshops and focus groups to young people living in the aforementioned wards from black and minority ethnic backgrounds, focusing on their physical well-being, mental well-being and life skills (i.e. networking, financial literacy, stress management, effective communication, problem solving etc.) Two-thirds young people in Southwark are from a BME background. In Southwark, unemployment among young people is above the London average (and is 5 times that for BME communities).	£4,230
555	Southwark Park Association 1869	Fifty Not Out - Activities Celebrating 50 Years of Southwark Council's Ownership of The Parks	To provide a programme of 10 free summer activities for the community between May-December 2021 in Southwark Park and King's Stairs Garden: - a Sunday bandstand concert; medals and certificates for the Bobby Abel Cricket Cup for Primary Schools and the Southwark Park Football Cup for children; Bermondsey Carnival Tennis Day for adults and children; Come and Try Bowling for adults; guided bat, tree and heritage walks; Spring Bank Holiday Family picnic and a Christmas Carol concert.	£3,625

Ref:	Name of your group:	Name of your projector Idea:	What project is trying to achieve?	Amount requested [£]:
563	XCR	XCR	<p>We are dedicated to supporting young artists elevate their careers. We understand the difficulties faced within the music industry and so we have created XCR to give you a helping hand. Whether that's to become a singer, songwriter, rapper, producer, DJ, music manager, A&amp;R, publicist or roadie - we are here to support.</p> <p>Mission: Our mission is to build a community of like-minded individuals to grow together, support each other and create the positive change we all wish to see. We understand that music has a power, this power has the ability to influence people. It is our responsibility to use the music we create to influence the positive change within our community. The youth are the future, we as a community have to educate and inspire the youth of today to build a better tomorrow.</p> <p>We have worked with young people on creative projects for a number of years and adapted our business model to suit exactly what they require, along with understanding how the music industry is shifting to allow anyone to earn a living from their bedroom.</p>	£500

## ROTHERHITHE WARD:

Ref:	Name of your group:	Name of your projector Idea:	What project is trying to achieve:	Amount requested [£]
40	Global Generation	Young Garden Ambassadors	<p>Young Garden Ambassadors will bring together children and young people from different backgrounds to learn new skills together and make unique connections while improving and spending time in green space.</p> <p>Outputs summary: 34 workshops over the year for mixed participants form North-East Southwark.</p> <p>Participant and workshops breakdown: 4 groups of 10 Young Gardener Ambassadors will attend a series of 8 half day workshops at the Paper Garden. The participants, referred by local primary schools, will be in need of extra support and benefit emotionally and physically from being in the garden and engaging the curriculum in alternative ways.</p> <p>30% of the pupils will be Special Educational Needs pupils and others will be identified through Pupil Premium. Some participants will be given the opportunity to attend as a reward for progress.</p>	£4,450
43	Breath of Life	Breath of Life	<p>It has been shown that people with breathing difficulties, due to COPD, asthma, or other stress related situations such as panic attacks, benefit from breathing exercises, and singing. Breath control as taught in pulmonary rehabilitation is a large part of accepted treatment for these conditions. We learn breath control exercises, to strengthen the muscles around the chest, tummy, neck and throat, which combined with communal singing reduce stress and panic in sufferers. Singing releases endorphins (the feel good hormones), which improve mood and relax the participant, allowing greater control over their individual needs. Breathing and singing exercises complement the use of prescribed drugs so that the positive</p>	£5,690

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			effects of the drugs are enhanced, improving quality of life. In addition, the present Covid-19 situation means that the physical and mental stresses on our members are increased. Working with Time and Talents.	
82	The Bermondsey Artists' Group managing Southwark Park Galleries	Allotment Club for Low-Income Families	<p>Our project is a programme of free weekly drop-in gardening sessions for low-income families from the local estates surrounding Southwark Park within the North East Area, in our bountiful Community Allotment at Lake Gallery, situated in Southwark Park. It has been running for the last 10 years and has benefitted over 3,500 people in that period of time.</p> <p>In our project, parents, grandparents and carers work with their children to grow, harvest and eat fresh fruit and vegetables and learn hands-on about healthy eating and the environment. They are given the tools and knowledge to grow their own plants on windowsills and balconies, continuing their journey to eating fresh produce at home.</p> <p>Designed for pre-schoolers and their parents/carers, the project tackles obesity and inner-city lack of outdoor space. We believe there should be no barrier to young children learning healthy eating habits for life and having the opportunity to thrive outdoors, when studies show that spending time outside can significantly improve children's health and wellbeing.</p>	£6,325

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167	Big Local Works	Here for Work	<p>Big Local Works is a local charity providing essential services to the local community including preparing residents with key skills for employment, providing free 1-2-1 benefit and welfare support for Southwark Residents and supporting enterprise.</p> <p>The project is called Here for Work.</p> <p>Big Local Works will hold monthly Employability Skills and Support courses. BLW has delivered similar programs previously however each year, we commit to learning from the data collected from each course and improve upon what we deliver to residents. Therefore, our next courses will be delivered in a new format. The feedback we received from participants has always highlighted the need for more 'one to one' and mentoring support with job search and employment plans. This is the most valuable support in moving towards the workplace.</p>	£4,250
186	Canada Estate TRA	Canada estate gardeners	<p>We managed to get 16 new big planters put on our main grass at the back of Scotia court and we have had lots of tenants wanting to get in and start growing food and vegetables we need to get these planted so that the tenants can go over especially those in a tower block which we really would like to get down to get out of the flats as they have no Gardens and I need to bring their children down to do a bit of gardening we have a lot of people waiting to do this it will benefit the tenants who live in the tower blocks so that they can get some fresh air especially in this cOVID-19 environment. They really do need to get out of these flats and get on with some work outside and you can be done self-distancing I made sure that the new planters were put in such a way that people can work on their planters and still be distanced away from others This project will bring people together and help with community cohesion</p>	£1,700

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Ref:	Name of your group:	Name of your projector Idea:	What project is trying to achieve:	Amount requested [£]
194	Be Part of the Art	The People's Mural	<p>This art project aims to engage local residents in creating a large scale mural which relates to our area and the people in it.</p> <p>People will participate in all areas of the mural, from initial ideas to the overall design and ultimately to painting the final piece.</p> <p>By including input from people of all ages, backgrounds and experience levels, this will make the mural both personal and universal in its themes and relation to the locality and its residents.</p> <p>Established guest artists who have made murals across London and the UK will be employed to give masterclasses through the duration of the project, to pass on their knowledge and further inspire the local residents and aspiring artists to realise their vision for the mural.</p> <p>This, and my organisation in general, is about breaking down the barriers between aspiring artists and so called 'professional' artists, to empower people to believe their ideas are as valid and tangible as those who make a living from it.</p>	£4,450
208	Mayflower Tenants Association	Summer Days Out 2021	<p>Pay for public transport fares, picnic food / snacks and refreshments to deliver Summer 2021 day trips to places such as seaside, zoo, river trip, Chessington, Kew Gardens etc.</p> <p>COVID currently limits ticket purchases to 6 or fewer at venues and it is uncertain when coach trips can be run again safely with costs likely to rise.</p> <p>By Summer 2021 we hope local residents will be able to travel at least in small groups even if limited to six family members / bubbles.</p>	£3,000

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211	The Friends of Southwark Park	Southwark Park Summer Concerts 2021	Four free afternoon concert band / music events in Southwark Park during Summer 2021 for everyone to enjoy; the events will encourage people from different backgrounds / ages / characteristics to safely enjoy music together in our public park despite COVID 19. There are less free events every year - much less in 2020/1- and this kind of event that usually takes place in parks around the UK can provide a wonderful day for everyone including those who for any reason cannot go on holiday and for all those who have low incomes including families. We are unsure about COVID 19 restrictions for Summer 21 however we have equipment in place to help deliver the event if 2m social distancing continues. We hope to use Southwark Park bandstand however due to COVID 19 cannot promise the bandstand will be used.	£14,000
289	Southwark Helping Hands Club	A Weekend for Independent Living Skills	To encourage the participants with special needs who have limited social care, to achieve the everyday living skills needed to live in the community safely healthy and independently, e.g. managing finances with budgeting, how to maintain a clean and tidy home, considering the need of choosing the right foods and healthy cooking plans, and having good personal care and exercise. We have experienced tutors who have the activity skills needed to motivate and improve their knowledge to gain confidence to manage their lives. We also have a cooking class on Thursday mornings for a limited number of members who are very keen to learn about healthy eating, the members keep a diary of the meals they have cooked and are assessed at the end of term, the combined projects will help to monitor the outcome of the weekend project	£2,700

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324	Bermondsey Community Kitchen	Bermondsey Community Kitchen	<p>Bermondsey Community Kitchen is a non for profit community organisation providing a variety of services to our local community, including running our training facility that offers Level 1 Food Preparation and Cookery courses and Level 2 Professional Cookery courses that helps people to gain a qualification and supports them into employment. Our group also provides Chartered Institute of Environmental Health Level 1, 2 and 3 Food Safety certificates. BCK runs free healthy nutritious cooking classes for isolated elderly residents, to bring them together with other similar members of the community and teach them how to cook a healthy meal for one on a budget. Our gardening project works on local social housing estates, building raised vegetable growing beds, flower beds and planting trees. BCK through the Covid 19 crisis used our large commercial kitchen to provide over 5000 healthy nutritious ready to eat meals to the local community who was in need including elderly isolate vulnerable individuals and families struggling financially to feed their children. During this time the demand for this service continued to increase and it was greatly appreciated by the local community. Therefore, BCK has decided to open our kitchen as a food provision service in the long term, as we did during the Covid 19 lockdown.</p>	£4,500
341	Growing Hope Brockley	Growing Hope Brockley	<p>A new, local clinic of Growing Hope. Growing Hope Brockley is charity which provides free therapy for children and young people with additional needs and their families, living in the boroughs of Southwark or Lewisham. 14.9% of children in the education system have an additional need (The Department of Education 2019). Research suggests that families of children with additional needs have experienced a stretch and reduction in healthcare services (Horridge et al. 2019). Growing Hope aims to bridge a</p>	£5,222.85

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			gap in NHS provision in order to provide individualised healthcare support for children, young people and families. We provide support for siblings, parents and carers and the family as a whole.	
370	Time and Talents Association	Growing Back Community: Green Team 2021	During Coronavirus, people have had fewer ways of relating to each other in their community. As well as individual loneliness, people tell us they are missing feeling part of their wider community. The social distancing of activities indoors, the fact that many have lost significant income, leaving them unable to spend money in cafes and shops, and the fact that schools were closed for a long period, has meant many local people have barely seen others for some time. People from different backgrounds, of different ages, say they feel even more separate. The gap in mental wellbeing between those with access to outdoor space and those without has been clear to us, from elderly people, to families with small children. With the reduction in social activities and rise of home working, people no longer have good reasons to 'come outside' – meaning they get less exercise, and do not experience the wellbeing benefits of outside activity. As services have reopened, many things have not changed. Likely local lockdowns suggest they will continue. We think outdoor gardening is the best possible way to bring together the community and 'grow back' some of those bonds. By running a programme of fun gardening activities, based around the changing seasons, for people of all ages	£4,940

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377	London City Runners	Couch to 5k	We're a running club (called London City Runners). We have created a free "Couch to 5k" program that will help any Southwark residents that want to take up running into running a 5k. It will provide them with free running sessions around the track each week, as well as online and in-person support from our team of experienced volunteers.	£4,894
411	London Youth Choirs	LYC South East Junior Choir (LYC SE) - membership and inclusion boost	<p>London Youth Choirs (LYC) is a beacon of excellence for choral singing in the capital. Being in LYC is about so much than learning to sing; it improves teamwork and discipline, leading to greater academic achievement and self-belief. Inclusivity is at the heart of LYC and we ensure this opportunity is available to all young people, regardless of social and financial circumstances.</p> <p>Until 2019, there were 6 choirs for young people aged 7-23 rehearsing weekly in the City. In January 2020, we began a 3-year expansion plan to create 4 regional junior choirs in disadvantaged communities, bringing the 'LYC Experience' closer to home for young Londoners. Our first was established in Rotherhithe, at Alfred Salter Primary School. LYC Founder &amp; Artistic Director, Rachel Staunton lives in Rotherhithe and identified this area as having little opportunity for high-level, affordable musical training.</p>	£605
429	Parent Skills2Go CIC	Easter and Summer Holiday activities for families with young children	<p>Parent Skills2Go (PS2GO) with Little People's World (its voluntary arm), aims is to promote social, economic and positive well-being for families in the community during school holidays. The objectives are therefore to:</p> <ol style="list-style-type: none"> <li>1. To provide holiday activities and continue to learn about healthy eating skills development, for social inclusion and tackling food insecurities for families with young children (under 12) via a hub or online.</li> <li>2. To provide volunteering opportunities for training and employment.</li> </ol>	£4,982

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			<p>Duration: one week in Easter and three weeks in the summer.</p> <p>The activities will include arts and crafts, healthy cooking, local walks, music &amp; dance workshops, games, sports, etc.</p> <p>Restructuring and cuts to children's centres have led to increase in child safety referrals with more families being socially isolated and an increase in demand for support from faith and community groups. PS2Go has had success in reaching families that need extra support by working with other service providers on projects to do collaborative work, such as Southwark Family Learning, Margaret's Music LTD and local Children's Centre.</p>	
463	Restorative Justice for All International Institute	StrongHER TogetHER	<p>The purpose of the project is twofold</p> <p>1) First, we want to break down the aforementioned barriers by creating all-women fitness spaces and activities allowing women to increase their quality of life and wellbeing in an environment where they can feel safe and empowered</p> <p>2) Secondly, as a restorative justice and humans rights organisation, we aim to increase community cohesion in the area by opening spaces that connects different members, cultures and ideologies in an area that has always been one of the most diverse, but also most divided and deprived communities in the country.</p> <p>Unfortunately, sports and active participation rates have gone down during the last few months and this is particularly prevalent among women and girls who, in general, have always had a much lower participation rate than men's. The many reasons for this gender gap can be grouped as practical, personal, social and cultural. Some examples are lack of time &amp; lack of childcare, sexual harassment and abuse, attitudes and prejudices about sexuality or ethnicity, body image, lack of confidence, body dissatisfaction</p>	£5,000

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			etc.	
471	London Bubble Theatre Company Ltd	South London Stories	<p>Southwark is bursting with people and stories. You only have to walk down the street to see romance, crime, action and grief played out before your very eyes. Secrets simmer beneath the surface, past experiences linger in the shadows and hope floats along like traffic.</p> <p>This project is about taking inspiration from our community and making extraordinary art from the ordinary. It's a celebration of culture in Southwark and our young people.</p> <p>Project benefits include:</p> <ul style="list-style-type: none"> <li>- 3 outdoor events for the community to attend</li> <li>- Employment for local freelance artists who have been hit hard by COVID19</li> <li>- Employment for young people in technical roles and as front of house staff at events</li> <li>- Young people and their communities in Rotherhithe, North Bermondsey and Surrey Docks consider local culture and heritage to be more relevant to them</li> <li>- Increased understanding of the role of heritage in increasing civic pride and social spirit</li> <li>- Young people contribute to their own and others' local heritage</li> <li>- A greater sense of connection between communities and across</li> </ul>	£7,500

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			generations	
494	Central Southwark Community Hub	Holiday Club	<p>Central Southwark Community Hub's objective is to support those who are experiencing financial challenges, causing Food Insecurity, Activities such as providing Food Parcels.</p> <p>The Holiday Activity Club and other relevant services help them to maximise the income they have.</p> <p>All clients are referred to us predominantly by Children's Centres, Primary School and other local support agencies. All the referred families experience Food Insecurity during the holiday period.</p> <p>The Club provides nutritious food, play and learning opportunities. These actions provide great relief for parents because it reduces money worries triggered by food insecurity, spending money on pricey child entertainment, and compromising time in work for providing additional childcare.</p> <p>The Club provides further social benefits: most of the activities for children are fun games that nudge behaviour towards healthy eating, exercise and social inclusion. This stimulates a legacy of social integration and maintains general mental and physical well-being in Southwark.</p>	£5,200

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611	St Helena & Oldfield TRA	Multi-Cultural Food and Wellbeing Hub	<p>This is a community project that wants to address and meet the needs of its local people. Sometime ago in 2019 we ran a pilot foodbank project which went very well but we realised that there was a gap in meeting the needs of certain groups of people. The Silwood Community is a multi-cultural community where we learn about each other's culture, exchange knowledge about different parts of the world we are from. This project will allow us to provide some root vegetables that forms a well balance diet that are missed from our multi-cultural community. Vegetables such as White Yam, Yellow Yam, Cassava, Sweet Potatoes, Plantains, Garden Eggs, Aubergines, Okra, Cocoa Yam and many more. In the first instance, this will run for six months while we monitor and evaluate the project and going forward, changes will be made as needs be.</p> <p>Also our Walking Group will run twice a week for a year. There is nothing much going on for over 60's so this will be a good way of encouraging the older folks to come out and socially distancing ourselves and following the government guidelines.</p>	£6,465.90

## SOUTH BERMONDSEY WARD:

Ref:	Name of your group:	Name of your projector Idea:	What project is trying to achieve:	Amount requested [£]
42	Diaspora Ivoirienne UK	Christmas gathering with disadvantage people	The community has been hit hardly by the covid-19 crisis, which has further isolated the most vulnerable people. The Christmas gathering with disadvantage people project is a one-off event which consists of bringing out of isolation, old, vulnerable and disadvantage people, regardless of their religious affiliation, colour of their skin or age. We aim to create a platform for experiences sharing of problems encountered during the pandemic. The project will be delivered through the sharing of traditional dishes, drinks and testimonies of in order to bring happiness to the local residents who felt abandoned during the COVID-19 crisis and who are especially at risk of suffering even more of isolation during the Christmas time. The project will end with the performance of a magnificent bouquet of selected local artists.	£2,854.20
79	Unity Music Arts Team (UMAT)	Unity Music Arts Team (UMAT)	<p>The Live Music @ The Blue Market, our aims are to achieve community engagement, support creative music talent and increase footfall for the area. The Blue Market has tremendous potential to attract greater investment, stall holders and shoppers. Due to issues surrounding COVID -19 we only got to present one event during the summer of 2020 (Saturday the 1st August ) nonetheless we received great feedback from local residents, stall holders and passers-by.</p> <p>It would be our intention to bring these free public events back on a monthly basis, the first Saturday of each month between Saturday 1st May 2021 and Saturday 4th September 2021 plus a Christmas event in December 2021.</p>	£4,100

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Ref:	Name of your group:	Name of your projector Idea:	What project is trying to achieve:	Amount requested [£]
124	Astley and Cooper Tenant and Resident's Association (ASCO TRA)	Family Funday	Summer Fun day events are a great way of bringing people together. This proposal will develop our project by bringing on the strong relationship between our residents, our aim is to promote the event through bringing of tenants and residents together. Also, to promote facilities for recreation and to encourage a community spirit Our resident has benefited from this last year Fun day event that hold on Saturday 27th of July 2019, involve different activities for children and adults attract more than 250 people in the estate including vulnerable.	£3,310
167	Big Local Works	Here for Work	<p>Big Local Works is a local charity providing essential services to the local community including preparing residents with key skills for employment, providing free 1-2-1 benefit and welfare support for Southwark Residents and supporting enterprise.</p> <p>The project is called Here for Work. Big Local Works will hold monthly Employability Skills and Support courses. BLW has delivered similar programs previously however each year, we commit to learning from the data collected from each course and improve upon what we deliver to residents. Therefore, our next courses will be delivered in a new format. The feedback we received from participants has always highlighted the need for more 'one to one' and mentoring support with job search and employment plans. This is the most valuable support in moving towards the workplace.</p>	£4,250
191	Longfield TRA	Longfield fund Day 2021	After a terrible 2020, this project will bring the community together with a fun day to make new friends and bring all nationalities together.	£3,200

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192	Setchell and Longfield Hall Management	Adult and Children Christmas Socials	Needed to get the two estates together after such a bad 2020	£1,550
205	THYSF (Platform Cricket)	Bermondsey Bees Cricket Hub	<p>We will create a "Pop Up" Youth Cricket Club in Bermondsey that will address the current inequalities in access to cricket in this area of Southwark, whilst supporting personal and social development. The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <p>Boutcher, Grange, Riverside, St James, St Joseph's (George Row), Tower Bridge.</p> <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength &amp; conditioning, team-building, problem-solving, nutritional workshops and social events, alongside the cricket content.</p>	£3,549
211	The Friends of Southwark Park	Southwark Park Summer Concerts 2021	Four free afternoon concert band / music events in Southwark Park during Summer 2021 for everyone to enjoy; the events will encourage people from different backgrounds / ages / characteristics to safely enjoy music together in our public park despite COVID 19. There are less free events every year - much less in 2020/1- and this kind of event that usually takes place in parks around the UK can provide a wonderful day for everyone including those who for any reason cannot go on holiday and for all those who have low incomes including families. We are unsure about COVID 19 restrictions for Summer 21 however we have equipment in place to help deliver the	£14,000

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			event if 2m social distancing continues. We hope to use Southwark Park bandstand however due to COVID 19 cannot promise the bandstand will be used.	
212	MAN UK (Markaz)	Community Inter Sport Day Event	As everyone is welcomed to the event this will bring the community together by creating new friendships, sharing love, tolerance, respect and peace; to enhance community cohesion not only this but it will have a positive impact on their mental health and well-being by getting active with the different sports games and activities both remotely and physically.	£5,440
324	Bermondsey Community Kitchen	Bermondsey Community Kitchen	Bermondsey Community Kitchen is a non for profit community organisation providing a variety of services to our local community, including running our training facility that offers Level 1 Food Preparation and Cookery courses and Level 2 Professional Cookery courses that helps people to gain a qualification and supports them into employment. Our group also provides Chartered Institute of Environmental Health Level 1, 2 and 3 Food Safety certificates. BCK runs free healthy nutritious cooking classes for isolated elderly residents, to bring them together with other similar members of the community and teach them how to cook a healthy meal for one on a budget. Our gardening project works on local social housing estates, building raised vegetable growing beds, flower beds and planting trees. BCK through the Covid 19 crisis used our large commercial kitchen to provide over 5000 healthy nutritious ready to eat meals to the local	£4,500

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			community who was in need including elderly isolate vulnerable individuals and families struggling financially to feed their children. During this time the demand for this service continued to increase and it was greatly appreciated by the local community. Therefore, BCK has decided to open our kitchen as a food provision service in the long term, as we did during the Covid 19 lockdown.	
341	Growing Hope Brockley	Growing Hope Brockley	A new, local clinic of Growing Hope. Growing Hope Brockley is charity which provides free therapy for children and young people with additional needs and their families, living in the boroughs of Southwark or Lewisham. 14.9% of children in the education system have an additional need (The Department of Education 2019). Research suggests that families of children with additional needs have experienced a stretch and reduction in healthcare services (Horridge et al. 2019). Growing Hope aims to bridge a gap in NHS provision in order to provide individualised healthcare support for children, young people and families. We provide support for siblings, parents and carers and the family as a whole.	£5,222.85
366	Individual/Spons or Manor Estate TRA	Bermondsey Mental Health Awareness	I plan to host mental Health programs for the community of Bermondsey. The local community was involved in deciding the need for this project. For 2 years I did of door to door enquires in Bermondsey conducting surveys regarding people's health, what they want to improve in and what health activities would interest them. Themes related to mental health was a major selection from the community. From my understanding there is a mental wellbeing advice hub for young people and talking therapy groups to help people with mental health. I may link up with such projects by providing them a time slot within my programs to promote their work.	£3,590

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Ref:	Name of your group:	Name of your projector Idea:	What project is trying to achieve:	Amount requested [£]
			It is estimated that almost one in five adults in Southwark are experiencing a common mental disorder, equating to approximately 47,000 individuals. In addition, the result of Covid-19 has further affected people's mental health. I seek to tackle this health issue. I have planned a series of presentations to promote different facets of mental health within the community.	
377	London City Runners	Couch to 5k	We're a running club (called London City Runners). We have created a free "Couch to 5k" program that will help any Southwark residents that want to take up running into running a 5k. It will provide them with free running sessions around the track each week, as well as online and in-person support from our team of experienced volunteers.	£4,894
383	Millwall Community Trust	Millwall Walking Sports Club	Millwall Community Trust will provide free open access weekly sports activities for 48 weeks and 2-day trips for a full year funded programme. The Millwall Walking Sports Club has run for over four years in Southwark and has been successfully delivered in many different settings and locations such as The Links Community Centre. The programme helps bring older people from different backgrounds together through taking part in fun walking sports activities which also helps reduce stress, isolation and loneliness. The activities help support older people who are currently inactive and supports those with two or three limiting long-term health conditions, including dementia, mental health, limited mobility to stay fit and healthy. 30 minutes before each activity, refreshments are provided along with local newspapers to encourage individual and open table conversations. The structured sports activities include the use of throwing,	£2,850

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			catching, rolling and striking the ball techniques which provide participants to have fun, stimulate the mind, develop balance and hand-eye coordination	
422	Bermondsey Silver seniors club	Bermondsey food parcels activities for elderly in the community	To have a tea Dance on the green on Alexis St if bad weather will be held in St Ann’s church the idea is to bring people together we deliver food parcels to the elderly and young families in the community we would like to continue to help	£3,200
511	Nigeria National Community(NN C)	Youth engagement, Care of the elderly, Cultural day, summer bonding including a seaside bonding group excursion	We intend to continue to spread different ranges of awareness amongst the youths through activities teaching them about culture and how to be good citizenry in the community. Care of the elderly would bring our elders towards healthy diet and cooking. Helping them through good hygiene, interacting, bonding day with showcase of cultural day where members showcase their rich cultural display. Bonding day and seaside is to bring all together yearly that promotes maximum relaxation for youths and elders in the community. Above would all be about sharing unique experiences that strengthen relationships and improve self-esteem.	£5,050

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Ref:	Name of your group:	Name of your projector Idea:	What project is trying to achieve:	Amount requested [£]
537	At The Heart	At The Heart's Skills Development Project	<p>We aim to provide skill-development training, workshops and focus groups to young people living in the aforementioned wards from black and minority ethnic backgrounds, focusing on their physical well-being, mental well-being and life skills (i.e. networking, financial literacy, stress management, effective communication, problem solving etc.)</p> <p>Two-thirds young people in Southwark are from a BME background. In Southwark, unemployment among young people is above the London average (and is 5 times that for BME communities).</p>	£4,230
560	Community Opportunity	The Homeworking Collective	<p>We will develop our pilot temporary Made in Bermondsey Makerspace into a long term space for the community with a new permanent hub building for the Blue, Bermondsey. The hub will be based in the economically disadvantaged South Bermondsey ward which suffers from high unemployment and high knife crime.</p> <p>As part of the makerspace, we will be teaching local people sewing skills both at our physical space and online and will be designing 3-month courses for local residents to gain sewing skills and learn how they can make an income with sewing. We have a selection of makers at our space who will collectively create a series of videos to teach sewing and craft skills online, we will also use our physical hub for in person classes, to better explain the videos. This is primarily aimed at people who are unemployed and have disabilities/are carers or parents, as this group is at high risk of isolation during the lockdown and have difficulty obtaining a job, especially once in which they can work from home.</p>	£4,950

## SURREY DOCKS WARD:

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167	Big Local Works	Here for Work	<p>Big Local Works is a local charity providing essential services to the local community including preparing residents with key skills for employment, providing free 1-2-1 benefit and welfare support for Southwark Residents and supporting enterprise.</p> <p>The project is called Here for Work.</p> <p>Big Local Works will hold monthly Employability Skills and Support courses. BLW has delivered similar programs previously however each year, we commit to learning from the data collected from each course and improve upon what we deliver to residents. Therefore, our next courses will be delivered in a new format. The feedback we received from participants has always highlighted the need for more 'one to one' and mentoring support with job search and employment plans. This is the most valuable support in moving towards the workplace.</p>	£4,250
211	The Friends of Southwark Park	Southwark Park Summer Concerts 2021	<p>Four free afternoon concert band / music events in Southwark Park during Summer 2021 for everyone to enjoy; the events will encourage people from different backgrounds / ages / characteristics to safely enjoy music together in our public park despite COVID 19. There are less free events every year - much less in 2020/1- and this kind of event that usually takes place in parks around the UK can provide a wonderful day for everyone including those who for any reason cannot go on holiday and for all those who have low incomes including families. We are unsure about COVID 19 restrictions</p>	£14,000

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			for Summer 21 however we have equipment in place to help deliver the event if 2m social distancing continues. We hope to use Southwark Park bandstand however due to COVID 19 cannot promise the bandstand will be used.	
324	Bermondsey Community Kitchen	Bermondsey Community Kitchen	Bermondsey Community Kitchen is a non for profit community organisation providing a variety of services to our local community, including running our training facility that offers Level 1 Food Preparation and Cookery courses and Level 2 Professional Cookery courses that helps people to gain a qualification and supports them into employment. Our group also provides Chartered Institute of Environmental Health Level 1, 2 and 3 Food Safety certificates. BCK runs free healthy nutritious cooking classes for isolated elderly residents, to bring them together with other similar members of the community and teach them how to cook a healthy meal for one on a budget. Our gardening project works on local social housing estates, building raised vegetable growing beds, flower beds and planting trees. BCK through the Covid 19 crisis used our large commercial kitchen to provide over 5000 healthy nutritious ready to eat meals to the local community who was in need including elderly isolate vulnerable individuals and families struggling financially to feed their children. During this time the demand for this service continued to increase and it was greatly appreciated by the local community. Therefore, BCK has decided to open our kitchen as a food provision service in the long term, as we did during the Covid 19 lockdown.	£4,500

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Ref:	Name of your group:	Name of your projector Idea:	What project is trying to achieve:	Amount requested [£]
341	Growing Hope Brockley	Growing Hope Brockley	<p>A new, local clinic of Growing Hope. Growing Hope Brockley is charity which provides free therapy for children and young people with additional needs and their families, living in the boroughs of Southwark or Lewisham. 14.9% of children in the education system have an additional need (The Department of Education 2019). Research suggests that families of children with additional needs have experienced a stretch and reduction in healthcare services (Horridge et al. 2019). Growing Hope aims to bridge a gap in NHS provision in order to provide individualised healthcare support for children, young people and families. We provide support for siblings, parents and carers and the family as a whole.</p>	£5,222.85
346	Surrey Docks Farm Provident Society	Mucking Out & Growing Up	<p>The Farm's sizeable muckheap, filled daily from mucking out after our animals, needs regularly shifting or it overflows, becomes unmanageable and presents a health &amp; safety risk. Water from our duck-pond – nutrient rich from duck droppings – pumped onto the muckheap speeds up the rotting process and produces over 15 tons of good quality manure each month.</p> <p>There is a good, growing interest across the community in growing locally grown fresh produce – and sharing it out with others – and for greening neighbourhoods with plants and a good growing demand for steady big supplies of manure. Because community projects don't have the wherewithal to collect ton bags of it or have it delivered, the Farm has now established a routine of getting over 15 tons of manure bagged up and delivered every other month to Community Gardens, Allotment Associations, Estates and TRAs across Southwark. We are also regularly supplying small bags of manure to local residents who come to collect it at the Farm.</p>	£3,790

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			We now want to extend this service and in order to meet demand to double the amount to 30 ton bags going out every other month, with a particular focus on North Southwark through the Rotherhithe Community Gardening Network <a href="https://www.surreydocksfarm.org.uk/rcgn/">https://www.surreydocksfarm.org.uk/rcgn/</a> we are promoting.	
365	The Docklands Settlements	Toddler Rhyme Time	<p>Having a baby during a pandemic and staying indoors, isolated from others was never part of the plan for many new parents and it has definitely had an impact on them. As we slowly get back to 'normal' we want to create a fun, learning activity for children aged 0-5 years that will be held in a safe environment.</p> <p>Covid has had an impact on everything we do, everywhere we go and everyone we meet (or don't get to meet). Apart from covid effecting how we go about our daily lives it has also had an impact on new mums/parents, stay at home mums/dads, childminders and nanny's. This pandemic will have a lasting impact. Any chance we have to change what we can for the better, we should take.</p> <p>These classes will bring immense emotional and physical benefits for those who attend. Meeting with others will help combat loneliness and improve the mental health of parents. Singing and movement for them raises self-esteem and confidence which aids mood and social skills. Parents will be able to make new friends and build a support network.</p>	£1,800

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369	Millwall Community Trust	Millwall Walking Sports Club	Millwall Community Trust will provide free open access weekly sports activities for 48 weeks and 2-day trips for a full year funded programme. The Millwall Walking Sports Club has run for over four years in Southwark and has been successfully delivered in many different settings, including current venue the Dockland Settlements. The programme helps bring local older people from different backgrounds together through taking part in fun walking sports activities which also helps reduce stress, isolation and loneliness. The activities help support older people who are currently inactive and supports those with two or three limiting long-term health conditions, including dementia, mental health, and limited mobility to stay fit and healthy. 30 minutes before each activity, refreshments are provided along with local newspapers to encourage individual and open table conversations. The structured sports activities include the use of throwing, catching, rolling and striking the ball techniques which provide participants to have fun, stimulate the mind, develop balance and hand-eye coordination.	£5,010
373	Friends of Lavender Pond	Lavender Pond holiday activities	To run a series of free events for children and families at Lavender Pond Nature Reserve, enabling people to engage with nature, and to give families (particularly those on lower income) the chance to get out and about during school holidays. We will also plan some weekend events to allow as wide a range of people to attend as possible. In the event that it is unsafe/impractical to run such events, we would use the funds to provide free activities and materials to encourage local families to learn about wildlife and nature.	£1,400

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82	The Bermondsey Artists' Group managing Southwark Park Galleries	Allotment Club for Low-Income Families	<p>Our project is a programme of free weekly drop-in gardening sessions for low-income families from the local estates surrounding Southwark Park within the North East Area, in our bountiful Community Allotment at Lake Gallery, situated in Southwark Park. It has been running for the last 10 years and has benefitted over 3,500 people in that period of time.</p> <p>In our project, parents, grandparents and carers work with their children to grow, harvest and eat fresh fruit and vegetables and learn hands-on about healthy eating and the environment. They are given the tools and knowledge to grow their own plants on windowsills and balconies, continuing their journey to eating fresh produce at home.</p> <p>Designed for pre-schoolers and their parents/carers, the project tackles obesity and inner-city lack of outdoor space. We believe there should be no barrier to young children learning healthy eating habits for life and having the opportunity to thrive outdoors, when studies show that spending time outside can significantly improve children's health and wellbeing.</p>	£6,325
459	Soundcamp	Soundcamp for Dawn Chorus Day, May 2021	<p>Soundcamp is a free microfestival at Stave Hill Ecological Park. It aims to give a wide and varied local audience a way to experience the dawn chorus in their own neighbourhood, and has enjoyed continuous support locally since 2014.</p> <p>It focuses on the way the sounds of daybreak in Spring have been transformed by a history of urban ecology in Southwark, starting with the pioneering William Curtis Ecology Park by Tower Bridge, which Stave Hill is a continuation of. It does this by creating unusual, memorable ways to encounter urban nature through an inclusive and varied program of workshops, walks, performances and art works.</p> <p>In 2020 we would like to run a series of workshops with local groups</p>	£2,460

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			around the Soundcamp in May. These will make sure local residents are at the centre of the event	
484	London Bubble Theatre Company Ltd	South London Stories	<p>Southwark is bursting with people and stories. You only have to walk down the street to see romance, crime, action and grief played out before your very eyes. Secrets simmer beneath the surface, past experiences linger in the shadows and hope floats along like traffic.</p> <p>This project is about taking inspiration from our community and making extraordinary art from the ordinary. It's a celebration of culture in Southwark and our young people.</p> <p>Project benefits include:</p> <ul style="list-style-type: none"> <li>- 3 outdoor events for the community to attend</li> <li>- Employment for local freelance artists who have been hit hard by COVID19</li> <li>- Employment for young people in technical roles and as front of house staff at events</li> <li>- Young people and their communities in Rotherhithe, North Bermondsey and Surrey Docks consider local culture and heritage to be more relevant to them</li> <li>- Increased understanding of the role of heritage in increasing civic pride and social spirit</li> <li>- Young people contribute to their own and others' local heritage</li> <li>- A greater sense of connection between communities and across</li> </ul>	£7,500

Ref:	Name of your group:	Name of your projector Idea:	What project is trying to achieve:	Amount requested [£]
			generations	
571	Bizzie Bodies CIC	GAM Clubs Gardening, Arts and Maker*craft clubs	<p>A series of clubs happening in Surrey Docks ward @The Dockland Settlements</p> <p>The club will offer weekly activities through gardening, visual, performing arts, and maker craft clubs.</p> <p>To support the community with freely accessible activities, developing skills, exploring their current environment and maintaining, to Bizzie Bodies changing their way of working with the facilitators through trainings and work. Set up a localized safeguarded and one-stop-shop to cover the following:</p> <ul style="list-style-type: none"> <li>- Online tutorials</li> <li>- Independent learning resources</li> <li>- Online Facilitator led classes covering STEAM, Music, Maker-Craft and Arts, Humanities i.e., culture or storytelling, dance, music through coordinated videos.</li> <li>- Online community resources</li> <li>- Online community resources' supporting well-being</li> <li>- Online and face to face clubs for 12+</li> <li>- Online, digital and virtual galleries</li> <li>- Online and Face to Face clubs for 6 to 12 years old</li> </ul>	£6,080

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627	Herbs and Spaces	The Big Half marathon for Herbs and Spaces	<p>In 2020 Herbs and Spaces had 33runners for the Big Half. In preparation to the marathon we had daily workshops for preparing t-shirts for all runners. For the Big Half 2021 we will be given 50 places and following on the previous experience we can build a good local running team, raise awareness for the scheme and get even more people involved.</p>	£5,000
Cllr Proposal	LOW Riders	Youth Programme	<p>What this program does is engage teenagers to work in a team, to openly discuss ideas and share responsibilities. This communication and distribution is only one part, what they also learn, is just because something appears damaged or broken does not mean that it needs to remain so. In the words of Jack Johnson “reduce, reuse, recycle”.</p> <p>It demonstrates to them that things in life can be fixed as long as you invest time in mending them &amp; that you can access the knowledge in finding ways to do that, or seeking out help when needed.</p> <p>This lesson can be applied elsewhere in their lives, maybe they had been having issues in a class at school or something at home has been difficult. This isn't going to magically fix problems but it will equip them with skills in understanding that they have the ability to make changes.</p>	£8,300